

News from the Food Service Department at Gettysburg Area School District August 2023



Dear Parent(s),

Back to school is fast approaching and the Food Service Department at Gettysburg Area School District welcomes you and your student back to the new school year. We are just as excited about the new school year and eager to roll out new menu options and offerings in our cafeterias. We will be featuring "new" and "old" menu favorites, food demos and recipe sampling to round out the school year.

2023-2024 Meal Prices: Breakfast is "**free**" for all GASD students for the entire school year. Paid Lunch Price for all elementary schools is \$2.50 and \$2.80 for secondary schools. Children that qualify for Income Eligible Reduced Meals are "**free**" for lunch the entire school year. Milk is \$0.60 for everyone.



The beginning of the school year is a perfect opportunity for students to make good healthy meal choices to fuel their bodies with nutritious food that will keep them nourished through their morning schedule. Students need protein, healthy carbs, fruits and vegetables to keep active in sports, and to achieve optimal concentration in their academics. All school buildings at Gettysburg Area School District offer a full nutritious breakfast daily in our cafeterias at a great value.



Pennsylvania Harvest of the Month Program

Keeping it Fresh! The Food Service Department at Gettysburg Area School District is committed to purchasing fresh ingredients from a network of vendors through PA's Farm to School Program. Our district has the distinct privilege to leverage locally grown fruits, vegetables and meats that help support our local business partners, while providing our student population with high quality fresh ingredients. Students will have the opportunity during the school to participate and sample local foods from visiting food representatives showcasing their fresh products.



We are excited to bring culinary excitement to the Food Service Program in many ways this school year. The lunch meal period will be center stage for some "Chef Recipe Sampling" and "Made to Order" meals. During the school year, our teams will roll out a variety of exciting new recipes. Recipe demos and samples will be available for elementary and middle school children. The high school will offer new concepts such as "**MTO Deli**" and **themed stations like "Tex-Mex", "Taste of Asia", "Taste of India", "Pasta Bar" and "Burger Bar"** will be on the menu with plenty of veggies, lean proteins, sauces and condiments.

Again, we welcome back all our students and families and wish them a wonderful school year!

#GO WARRIORS!

Sincerely,

Nick Milone
Food Service Director
Gettysburg Area School District
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